

signature blu massage: 25/50 min \$55/\$85

A combination of Swedish and Asian inspired techniques to restore balance and harmony to your body, mind and spirit.

deep blu massage: 25/50 min \$65/\$95

Designed for individuals wanting more detailed work on specific muscle groups, or areas of chronic pain.

enliven your senses: 25/50 min \$65/\$95

Your choice of custom-blended essential oils are massaged into your skin to revive your body and enhance your mood. Truly a sensory experience.

night cap: 25/50 min \$65/\$95

A combination of scalp, neck, shoulders and foot massage is a deeply restorative experience that calms restlessness, stress and anxiety. With help of scents, lighting and specially selected music, this massage promotes better natural sleep.

hawaiian lomi lomi massage: 75 min \$120

"The art of love and healing through the hands and heart."

This traditional Hawaiian form of massage utilizes long, flowing and rhythmic strokes combined with joint mobilization to increase lymph flow and circulation. Lomi Lomi bestows the body with peace and tranquility.

rock your body: 75 min \$140

A deeply relaxing and therapeutic massage that involves the placement of hot stones to soften tired muscles and soothe aggravated or inflamed joints.

heads up: 25 min \$50

Experience an indulgent East Indian scalp massage with blu azulene, followed by specific trigger point therapy and stretches to release tension in the neck and shoulders.

on the spot: 15 min \$50

Focused attention where you need it most. This massage can also be done fully clothed in our special massage chair.

the reflex: 25 min \$60

Therapeutic massage is combined with foot reflexology to enhance the flow of energy throughout the body and corresponding organ systems.

stressless back: 25/50/75 min \$75/\$115/\$175

A stimulating and detoxifying algae mask targets the back area to purify and eliminate toxins while promoting circulation. The weight of a heated pad targets tensed back muscles.

dry brush upgrade: \$15

Add the service of dry brushing to any of your massage or body treatments to improve circulation throughout the lymphatic system.
