

**HIGH**  **TIDE**  
**CAFE**

**BREAKFAST MENU**  
SERVED 6:00AM - 11:00AM



## **EXPRESS BREAKFAST**

Served from 6:00am to 10:30am

Help yourself to our Fast And Fresh Breakfast Buffet where a selection of Eggs, Ham, Bacon, Sausages, Potatoes, Fresh Fruit, Flavored Butters, Cream Cheese, Danish, Muffins, Homemade Breads and Breakfast Rolls are sure to please.

9.95

## **BREAKFAST ENTREES**

Breakfast entrees include your choice of Hash-Brown Potatoes or Southern Style Grits along with your choice of Toast or Buttermilk Biscuits served with Fruit Preserves.

### **All American Breakfast**

Two Farm Fresh Eggs cooked to order  
with your choice of Smokehouse Bacon or Sausage Links.

9.95

### **"Deuces are Wild"**

Two Farm Fresh Eggs, two Sausages, two Slices of Bacon and two Buttermilk Pancakes are guaranteed to double your pleasure.

11.95

### **New York Steak and Eggs**

USDA Choice 8 oz. New York Strip Steak dusted with our Special Seasoning Blend, charbroiled to your liking and paired with two Farm Fresh Eggs cooked your way.

12.95

### **Breakfast Quesadilla**

Large Flour Tortilla, grilled and filled with Scrambled Eggs, Sausage, Green Chilies, Diced Tomatoes, Scallions and Melted Jack Cheese, served with our Spicy Picante Sauce.

8.95

### **Classic Eggs Benedict**

Two Extra Large Poached Eggs and Thick Sliced Canadian Bacon stacked on freshly toasted English Muffin Halves, topped with rich and delicious Hollandaise Sauce.

10.95

### **Lump Crab Cake Benedict**

Two Succulent, Golden Fried, Jumbo Lump Crab Cakes and two Extra Large Poached Eggs stacked on freshly toasted English Muffin Halves, topped with Cajun Spiced Cream Sauce.

11.95

### **Chicken Fried Steak and Eggs**

Texas-Sized Buttermilk Battered Chopped Steak, fried golden brown, topped with Country Gravy and paired with two Farm Fresh Eggs cooked your way.

9.95

### **Ham Steak & Eggs**

A Tender, Juicy, Bone-in Ham Steak is cooked on a hot griddle and paired with two Eggs Cooked your way.

9.95

## **FRESH OMELETS**

### **Ham and Cheese**

Three Egg Omelet filled with Savory Sautéed Country Ham and lots of Cheddar Cheese.  
9.95

### **Ranchero**

Three Egg Omelet filled with Thinly Shaved Marinated Steak, Sautéed Green Chilies, Diced Tomatoes and Melted Jack Cheese. Topped with our Special Picante Sauce.  
9.95

### **Gulf Coast**

Three Egg Omelet filled with Sautéed Jumbo Lump Crab Meat, Artichoke Hearts, Scallions and melted Swiss Cheese.  
11.95

### **Mile High Omelet**

Three Egg Denver-Style Omelet filled with Sautéed Bell Peppers, Onions and Country Ham, then smothered with melted Cheddar Cheese.  
8.95

## **HOT OFF THE GRIDDLE**

### **Bourbon Street Pancakes**

Three Golden Brown Buttermilk Pancakes topped with Bourbon and Honey Glazed Apple Slices.  
7.95

### **Cheese Blintzes**

Ultra Thin Crepes stuffed with Sweet and Savory Cheese Filling, served with Homemade Blueberry Compote and Sour Cream.  
7.95

### **Buttermilk Pancakes**

Three Buttermilk Pancakes topped with Whipped Butter and Maple Syrup.  
6.95

### **Blueberry Pancakes**

Plump Blueberries baked right into Fluffy Pancakes topped with Homemade Blueberry Compote and Whipped Cream.  
7.95

### **French Toast**

Rich, Thick Sliced, French Bread dipped in Cinnamon Egg Batter, griddled golden brown, served with Whipped Butter and Maple Syrup.  
7.95

### **Egg White Scramble**

A healthier, Yolk Free Egg White Scramble, filled with Sautéed Asparagus, Mushrooms, Diced Tomatoes and Gruyere Cheese.  
10.95

### **Spa Breakfast**

Chef's Selection of Domestic and Exotic Fruits, Melons and Berries of the Season, served with Yogurt and your choice of Granola or Cereal.  
9.95

## **BREAKFAST SIDES**

**Assorted Cereals**

3.95

**Smokehouse Bacon**

4.25

**Southern Style Grits**

2.95

**Two Farm Fresh Eggs**

4.95

**Cottage Cheese**

3.95

**House Baked Croissant**

3.25

**Half Grapefruit**

5.95

**Fresh Fruit Cup**

4.95

**Country Sausage Links**

4.25

**Breakfast Ham**

4.25

**Granola**

3.95

**Assorted Breakfast Pastry**

3.25

**House Baked Muffin**

3.25

## **BEVERAGES**

**Orange, Grapefruit, V-8, Cranberry or Apple Juice**

3.00

**Milk**

3.00

**Red Bull® Energy Drink**

4.00

**Coffee**

2.50

**Breakfast Tea**

2.50

**Fiji Water®**

3.00

**Southern Style Sweet or Unsweetened Tea**

2.50

**Pepsi®, Diet Pepsi®, Caffeine-free Orange Slice®,  
Sierra Mist®, Mug Root Beer® or Dr. Pepper®**

2.50

**PARTIES OF 6 OR MORE WILL BE CHARGED AN 18% GRATUITY.**

The Department of Public Health advises that eating raw or undercooked meat, poultry, eggs or seafood poses a health risk to everyone, but especially to the elderly, young children under the age of 4, pregnant women and other highly susceptible individuals with compromised immune systems. Thorough cooking of such animal food reduces the risk of illness.