

SENSES

SPA & SALON

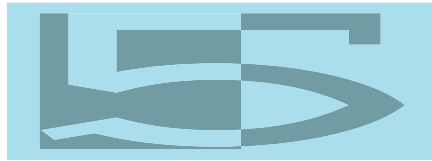




Table of Contents

Welcome	3
Ultimate Combinations	4 & 5
Facials	6 & 7
Specialty Treatments	8
Waxing	9
The Body Senses (Scrubs and Wraps)	10 & 11
Signature Massage and Body Works	12 – 13
Massage and Body Works	14 – 15
Two Senses are Better Than One (For Couples)	16
Added Pleasures	17
For Mom's and Mom's To Be	18
The Sense of Men	20 & 21
Salon Services	22 & 23
Manicures & Pedicures	22
Acrylic Nail Services	23
Hair Senses	23
Makeup & Tanning	23
Fitness and Wet Area Services	24 & 25
Spa Fundamentals	26 & 27

Journey to the Senses

Senses Spa and Salon takes you on a journey far beyond your expectations... Each visit is a departure from "the everyday." Whether you're a person seeking a sense of calm, or friends finding time to celebrate and connect, or maybe life is about to change and finding center is your purpose, Senses Spa and Salon will take you there. Our treatments are inspired by nature and are brought to you in a simple, elegant surrounding. From our Signature Aqua Treatments to our natural and effective skin care services, everything we do is for your enjoyment. Welcome to **Your** Senses...



Senses
welcome



sense of choice

Your Choice of:

Senses Massage, Senses Facial or Blueberry Wrap
and choice of:

Flip Flop Pedicure, Fiji Wave Signature Manicure
or Ladies Cut and Style

2 hours

sense of center

Senses Massage or Senses Facial

Senses Pedicure

Senses Manicure

2.5 hours

sense of celebration

Senses Massage

Senses Facial

Fiji Wave Manicure or Shampoo/Blow-dry

SpaTini and Sweet Treats

2.5 hours



sense of chill

Custom Massage

Senses Facial

Catered Lunch

Senses Manicure

Senses Pedicure

4.5 hours

sense of change

Blueberry Wrap

Bamboo Fusion™ Massage

Catered Lunch

Sense of Bliss Facial

4 hours

groups

Please call 228.523.8564 for group information.

No discounts on packages.

ultimate combinations

Our exquisite facial treatments use only the finest natural, organic ingredients and are tailored to your individual needs. We begin all our facials with a skin analysis, then personalize the skin care treatment. Choose from the facials described below or let us customize a treatment especially for you.

SENSE OF BLISS

You may never want to leave after 80 minutes of being nurtured and nourished from head to toe. Vitamin rich masques and creams will cleanse and exfoliate your face. This facial includes a hand, foot and scalp treatment which will leave you feeling silky soft and fragrant.

80 minutes

SENSES FACIAL

Does your face need a complete overhaul? Get a complete facial with cleansing, exfoliation, delicate extraction, soothing massage and deep moisturizing - all customized for your skin type.

50 minutes

FOUNTAIN OF YOUTH FACIAL

This facial hydrates, revitalizes and firms stressed skin. Great for all skin types, this thirst-quenching facial brings about a noticeable, radiant, youthful glow to both men and women alike.

50 minutes

CHEMICAL PEELS

Jeesner's Peel

Glycolic /Retinol

Lighting Lift

Salicylic Acid

See Concierge for details.

25 minutes

DEEP CLEANSE FACIAL

Based on the traditional European facial, this treatment is ideal for those suffering from oily, clogged skin. Includes a massage and treatment masque. *50 minutes*

GOT YOUR BACK FACIAL

A deeply cleansing treatment for the sensitive and congested skin on your back. This treatment will clear, hydrate and smooth your skin in the hard to reach places. *50 minutes*

ACNE TREATMENT

Highly recommended for those with congested skin, this treatment will keep your skin smooth and healthy, preventing future breakouts and congestion. *50 minutes*

TEEN FACIAL

Designed and customized to the concerns of teens, this treatment is educational as well as repairing and protecting. *50 minutes*

EXPRESS YOURSELF FACIAL

All of the good stuff with none of the fuss. This quick but effective facial will leave your skin thoroughly cleansed, nourished and hydrated. *25 minutes*

DIAMOND MICRODERMABRASION

A non-aggressive solution for younger, smoother looking skin. The best non-surgical treatment for fine lines, wrinkles, brown spots, pigmentation, acne scars and sun-damaged skin using a diamond tip wand. We start with a cleansing lotion application, followed by a gentle abrasive technique, then apply a blend of healing serums and a soothing mask. For protection, sunscreen is applied. Dermabrasion will produce a fresh glow after the first treatment. For best results we recommend a series of treatments over a course of several weeks or months.

50 minutes

FIRMING MICROINFUSION

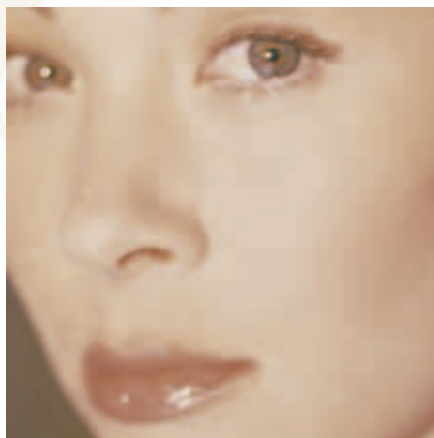
The Firming Microinfusion is an all natural, virtually painless skin treatment that dramatically improves the appearance and texture of your skin, providing beautiful results from your very first treatment session. Each treatment will gently “pressure wash” your skin utilizing water, oxygen and anti-oxidant supplements, delivered at supersonic speed. This gentle cleansing unclogs pores and removes any debris that has naturally built-up in the skin over the years. Your skin will appear more vibrant, smooth and youthful.

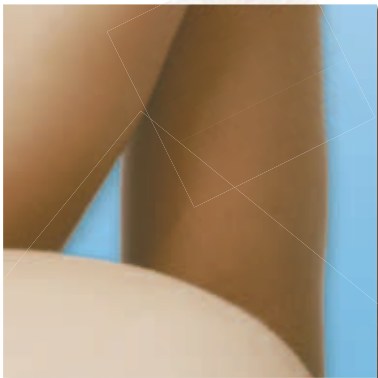
50 minutes

VASCUTOUCH

The Vascutouch provides an inexpensive means to quickly and easily remove cherryangiomas and skin tags found on the face and body.

25 minutes





WAXING SERVICES

The following waxing services are available:

- Eyebrow
- Lip
- Face
- Underarm
- Bikini line
- French Bikini
- Brazilian
- Half leg
- Full leg
- Forearm
- Full arm
- Knuckles
- Back or chest
- Hand/foot wax
- Nose

Please note: No steam, sauna or hydrotherapy prior to or after waxing services. Additionally, those taking Retin-A, Accutane or Renova should refrain from facial waxing. We suggest avoiding UV Rays for 24 hours.

serenity waxing

FIJIAN PARADISE MASSAGE

Indulge all of your senses with this ultimate relaxing Island Ritual. Organic sugar cane, coconut milk and exotic oils are combined to exfoliate, hydrate and renew the skin's moisture balance leaving the body with an island glow as a result. Let your worries drift while the vitamin rich oil is massaged into the scalp and hair for a nourishing finish.

80 minutes

SUKA SCRUB

This decadent treatment originates from Fiji. Coconut sugar will be used for your amazing exfoliation and hydration treatment. Finish with a pineapple oil application. You may add a deluxe upper body massage.

50 minutes

80 minutes

BLUEBERRY WRAP

Designed to rejuvenate and revitalize the skin while improving elasticity. Blueberry, high in antioxidants and phytonutrients, infuse the skin with moisture and reinforce collagen fibers for firmer skin.

50 minutes

80 minutes

ISLAND GUAVA TREATMENT

A super moisturizing revival for dry skin. A unique blend of exotic nut extracts envelope you to hydrate and nourish your skin. A stimulating scalp massage will balance energy while our warm stones relax you.

50 minutes

80 minutes

SOOTHING HERBAL WRAP

Soothes tired and over-worked muscles with heat and aromatic herbs, good before a massage or after a strenuous workout. This wrap detoxifies the body by ridding it of impurities.

25 minutes



the body senses
the scrub-wrap

signature massage and
body works



BAMBOO-FUSION™ MASSAGE

Bamboo-Fusion™ is an exotic massage treatment which utilizes hand crafted warm bamboo tools of different sizes. This luxurious treatment involves long, soothing rhythmic strokes and deep pressure application. Some benefits include: Extreme relaxation for the body and mind; reduces tension, anxiety and stress; Increases circulation and relieves tightness in muscles.

*50 minutes
80 minutes*

ROCK THE SENSES

This Original “La Stone” Treatment blends highly skilled technique, a smooth basalt stone massage and signature oils. Using warm and cool stones with a range of light to deep massage and enhanced energy work, this massage experience will bring pure relaxation.

80 minutes

EUROPEAN STONE MASSAGE

This stone massage uses a skillful blend of warm basalt stones with therapeutic and relaxing massage strokes. The heat within the stones helps penetrate deeper into your muscle tissue inducing profound relaxation. A wonderful alternative to a deep tissue massage.

50 minutes

SHIRODHARA MASSAGE

A traditional Swedish massage included with the benefits of Shirodhara oil therapy. Shiro meaning “head” and Dhara meaning “flow of warm oil,” is applied to third eye located on the forehead to end this massage. This Ayurvedic system promotes deep relaxation of the nervous system, improves function of the 5 senses, relief from mental and physical stress and strain, boosts memory, nourishes hair and scalp and assists in providing sound sleep, just to name a few benefits.

*50 minutes
80 minutes*

CUSTOM MASSAGE

Our full body integral massages are customized to the specific needs of each client. Treatments incorporate a blend of Swedish and deep tissue techniques drawing from each therapist's unique healing style.

*50 minutes
80 minutes*

SENSES MASSAGE

A full-body massage based on traditional Swedish techniques including long relaxing strokes to soothe muscles and increase blood flow. A calming massage that promotes overall health and well-being.

*50 minutes
80 minutes*

AROMA SENSES MASSAGE

Whether you seek relief for over exerted muscles, or simply want to let your mind and body escape the day-to-day stress, this massage is for you. Our skilled therapist will use special aroma blends combined with techniques essential to your ultimate relaxation and rejuvenation.

*50 minutes
80 minutes*

DEEP TISSUE MASSAGE

An intensive therapeutic massage technique directed at the deeper layers of the muscle. Designed to release tension, stress and fatigue for overall improvement of muscle function and increased energy.

*50 minutes
80 minutes*

AQUA MASSAGE

Unlike manual massage... no oils, no getting undressed, and no strangers... relax, relieve and rejuvenate. Extra fee for fitness and wet area will apply.

*10 minutes
20 minutes*

REFLEXOLOGY

Gentle and direct pressure is placed on specific points on the hands and feet that correspond to individual organs and parts of the body. A wonderful therapy that re-establishes energy flow and enhances circulation.

50 minutes



massage and
body works

Our Two Senses Spa experiences are offered for couples in the privacy of our Deluxe suite.

SENSES MASSAGE FOR TWO

A time to spend with someone special. Each of you will receive a relaxing senses massage to enjoy together.

FOR TWO *50 minutes*

FOR TWO *80 minutes*

ROCK THE SENSES

This Original “La Stone” Treatment blends highly skilled technique, a smooth basalt stone massage and signature oils. Using warm and cool stones with a range of light to deep massage and enhanced energy work, this massage experience will bring pure relaxation.

FOR TWO *80 minutes*

THE SPARK

A cleansing foot ritual prepares you for a skin softening private soak for two. Enjoy a romantic SpaTini followed by a full body massage.

80 minutes

ISLAND SENSES

This decadent couple’s treatment originates from Fiji. Raw cane sugar combined with exotic nut oils will be used to exfoliate, cleanse and rehydrate skin. To end, a relaxing body massage is given using exotic oils high in vitamins A, B, C, and E to nourish the skin and replenish moisture.

2 hours

EXOTIC ESSENCE

This romance ritual begins with a cleansing foot exfoliation of tropical coconut sugars. Next, enjoy a private couples’ coconut milk bath and SpaTini. After your soak you will enjoy an exotic coconut crème scrub followed by a body butter wrap and Fijian scalp massage, a cleansing shower and full body massage with tropical oils.

2.5 hours

SENSE OF CONNECTION FOR TWO

Suka Scrub or Bula Butter Wrap for Two
Senses Massage for Two
Senses Facial for Two
SpaTini and Spa Lunch for Two
Side by Side Flip Flop Pedicures

4.5 hours



These extras can be added to any treatment.

ISLAND MILK BATH

Soothing milk baths have been enjoyed for centuries as an essential beauty ritual. Our tropical twist on this decadent treatment blends pure coconut milk from Fiji with tropical essences of exotic fruits for the ultimate skin smoothing, paradise inducing bath journey.

25 minutes

SCRU-SSAGE

Begin your massage by adding a sugar scrub application and warm towels to your back. This eliminates dull skin to reveal new healthy skin and replenishes moisture to create the ultimate healthy back hydration.

15 minutes

LED LIGHT THERAPY

LED Light Therapy treatment is a safe, but effective use of advanced LED light technology designed to help diminish the visible appearance of fine lines, wrinkles and age spots by promoting collagen firmness. LED Light Therapy's technology conditions the skin from the inside out, using photopulsation to exercise and firm up the skin's collagen. Skin will naturally appear smoother, tighter, and more radiant as the collagen beneath it becomes more firm.

15 minutes

TROPICAL OIL SCALP MASSAGE

A traditional Fijian coconut bowl is used to slowly drizzle warm exotic nut oils that are gently massaged into the scalp and neck restoring balance and leaving the hair shiny and healthy.

15 minutes

UPPER BODY MASSAGE

A condensed version of our Senses Massage, this treatment concentrates on the neck, back and shoulder areas using a Swedish massage technique. This massage is perfect for those that are looking for quick relief from pain due to injury or stress.

25 minutes

REFLEXOLOGY

Gentle and direct pressure is placed on specific points on the hands and feet that correspond to individual organs and parts of the body. A wonderful therapy that re-establishes energy flow and enhances circulation.

25 minutes

The power of the body to create, grow and bring a baby into this world takes a lot out of you... your body changes in ways you never imagined. We at Senses Spa & Salon recognize your special needs during and after pregnancy and have created some special services for your relaxation and enjoyment. Our Mom's and Mom's-to-be services will help your body through this amazing and beautiful transition.

TINY LITTLE BUBBLES

Hydrating milk bath to soothe and smooth skin and spirits. This bath time includes a self application of a rich blend of organic oil and crème for care of your over-stretched skin. We send you home with a selection of complimentary spa products for you to enjoy.

50 minutes

ALL A-GLOW FACIAL

You may have that special glow, but with hormones raging your face may reflect an ever-changing complexion. A facial designed especially for your skin type targets hormonal changes during pregnancy that are reflected in the skin. This facial includes a gentle cleanse, tone, balancing mask and hydration application, leaving your skin clean, clear and beaming.

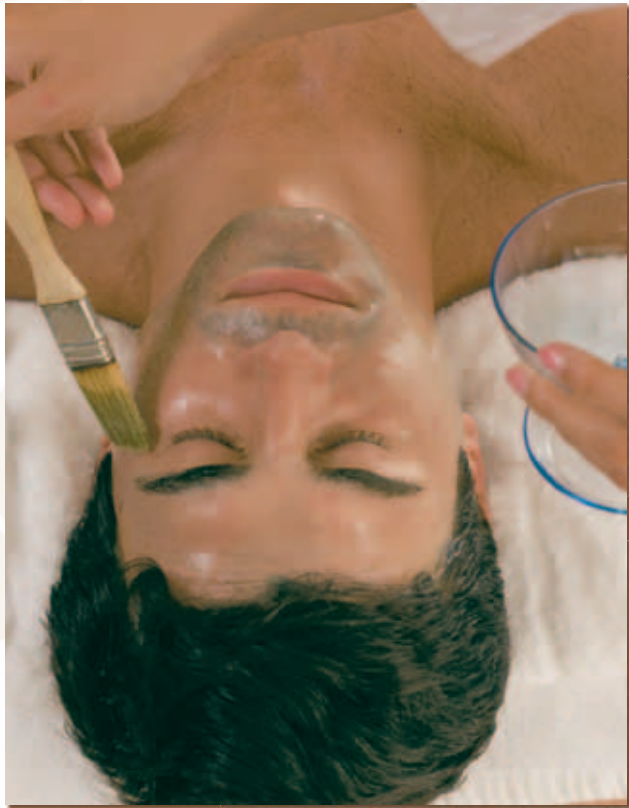
50 minutes





and mom's to be...
for mom's

the sense of
men



GENTLEMAN'S FACIAL

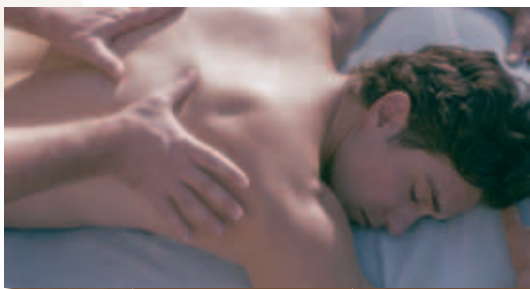
A custom facial that is tailored to the unique skin care needs of men. Includes cleansing, moisturizing and toning with an emphasis on skin renewal. A soothing face, neck and scalp massage will provide the ultimate experience for him. *50 minutes*

WINNING HAND MANICURE

Included is a raw sugar cane, cucumber, and mint exfoliation, hand and forearm massage, a hydration treatment and natural buffing of the nails. *30 minutes*

EXECUTIVE PEDICURE

A blend of raw sugar cane, cucumber and mint exfoliates leaving feet smooth and refreshed. Next, we relieve tension and fatigue with a foot and calf massage and finish with buffing of the nails. *50 minutes*
80 minutes



FIJI WAVE SIGNATURE MANICURE

A tropical soak in swirling warm coconut milk transports you to an island paradise. Nourishing and softening your hands and preparing your nails to be cleansed, shaped and buffed. Included in this signature manicure is a coconut sugar scrub, paraffin dip and creamy body butter hand and arm massage. The finish will include complete nail finishing and polish.

50 minutes

FIJI WAVE MANICURE

Milk bath, creamy body butter hand and arm massage, complete nail finishing and polish.

30 minutes

FLIP FLOP SIGNATURE PEDICURE

A warm bath with coconut water softens your skin. Surrender your legs and feet to a luxurious body butter massage. A nail and foot cleanse, shaping and buffing follows. Smooth the edges with a coconut sugar scrub and rinse, followed by a foot and leg massage, wrap and paraffin dip. A nail finishing and polish completes this service.

75 minutes

FLIP FLOP PEDICURE

A warm bath with coconut water softens your skin. A nail and foot cleanse, shaping and buffing follows. Smooth the edges with a coconut sugar scrub and rinse followed by a foot and leg massage. A nail finishing and polish completes this service.

50 minutes

EXPRESS PEDICURE

Soak, cleanse, finish and polish.

25 minutes

SENSES MANICURE

Cleanse, massage, finish and polish.

30 minutes

SENSES DELUXE MANICURE

Cleanse, exfoliate, paraffin and extended massage. Finish and polish.

50 minutes

SENSES PEDICURE

Soak, cleanse, exfoliate, massage, finish and polish.

50 minutes

SENSES DELUXE PEDICURE

Soak, cleanse, exfoliate, paraffin and extended massage. Finish and polish.

75 minutes

acrylic and other nail services

FULL SET Acrylic	<i>80 minutes</i>
FILLS Acrylic	<i>50 minutes</i>
PARAFFIN TREATMENT Hands or feet	<i>15 minutes</i>
POLISH CHANGE Fingers or toes	<i>15 minutes</i>
FRENCH POLISH Fingers or toes	<i>15 minutes</i>
NAIL REPAIR per nail	<i>15 minutes</i>
SHELLAC MANICURE	<i>50 minutes</i>
SHELLAC FRENCH MANICURE	<i>60 minutes</i>
SHELLAC ALL	<i>75 minutes</i>
SHELLAC SOAK OFF	<i>15 minutes</i>



hair senses

LADIES CUT AND STYLE
SHAMPOO, BLOW DRY AND STYLE
GENTLEMAN'S CUT & STYLE
UPDO
SINGLE COLOR
GENTLEMAN'S HIGHLIGHTS
PARTIAL HIGHLIGHTS
FULL HIGHLIGHTS
COLOR CORRECTION
EXTREME CONDITIONING TREATMENT



makeup services

MAKEUP APPLICATION	<i>30 minutes</i>
SPECIAL OCCASION/BRIDAL TRIAL	<i>50 minutes</i>
SPECIAL OCCASION/BRIDAL MAKEUP	<i>50 minutes</i>

You must schedule a trial application prior to the day of the special occasion to refine the desired look.

tanning

SINGLE SESSION OR MONTHLY USE

Spray Tan	<i>30 minutes</i>
------------------	-------------------



wet area services
fitness and



Enjoy our state of the art fitness center. We offer a wide variety of cardiovascular and weight training equipment.

All day passes are available for purchase for use of the fitness and wet area facilities.

See Concierge for details.



fitness and
wet area services

reservations

We encourage you to schedule your appointment in advance to make certain the preferred treatments or times are available. To schedule, call spa reservations at 228.523.8564. Please have your credit card information ready as it is required to reserve your spa experience. Should you have special requests, physical limitations, or allergies, please notify your reservationist at the time of booking and your therapist at the time of your service.

cancellation policy

Because your services are reserved for you, we ask that you provide twenty-four hours notice if you need to change or cancel your appointment. Without this notification you will be charged in full.

spa facilities

We provide you with a private locker, robe and sandals, as well as grooming amenities. We have separate women's and men's wet areas that include steam, sauna and whirlpools. If you would like to experience our coed steam room, you will need to bring your swimsuit. With your spa experience you have all day access to our fitness facility. You need only bring workout wear to enjoy our fitness facility. For your enjoyment and comfort we offer fresh fruit, bottled water and fruit juice.

making sense of the spa experience

We would like you to make the most of your time at Senses Spa & Salon and in doing so would ask that you follow these tips....

time is of the essence

During your arrival to the spa and prior to your services, give yourself plenty of time so you can enjoy a cleansing shower, steam, sauna and whirlpools as well as our coed steam room and lounge. You will enjoy your services much more with warmed muscles and a relaxed mind.

what to wear

It is our top priority to insure that you feel comfortable at all times. It is customary to completely disrobe for your spa services, although you may wear a swimsuit or undergarment if you prefer. Your privacy will be maintained at all times and throughout your services your body will be professionally draped. At no time will you be fully exposed. In the coed steam room and lounge you will be required to wear a swimsuit.

arrival

We invite you to arrive at least 30 minutes prior to your first scheduled spa appointment (salon services excluded). This will allow time to receive your locker, change into your provided robe and sandals, shower and enjoy the steam, sauna and whirlpools.

Arriving late will limit the time of your treatment, thus lessening your experience and your relaxation. As a courtesy to the next guest, your treatment will end on time regardless of when you begin.

general information

Guests of Senses Spa & Salon must be at least 18 years of age. Senses Spa & Salon is a non-smoking facility. To maintain the serenity of the spa we ask that you turn off all cellular phones and other electronic devices prior to entering the locker room and treatment areas. We request all valuables be left in the safe in your hotel room or at home.

gratuities

Gratuities are voluntary, but appreciated by staff. For excellent service, customary gratuity ranges from 15% to 20%.

hours

PLEASE CHECK WITH SPA
FOR HOURS OF OPERATION



information and appointments

PLEASE CALL 228.523.8564 OR 1.888.946.2847

IP Casino Resort Spa ■ 850 Bayview Avenue, Biloxi, MS 39530
1.888.946.2847 ■ 228.436.3000