

Introducing...



services

massages

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|----------------------------------|------------|
| signature blu massage: 25/50 min | \$60/\$90 |
| deep blu massage: 25/50 min | \$70/\$100 |
| enliven your senses: 25/50 min | \$70/\$100 |

*dual massages available at an additional fee

body treatments

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|-------------------------|------|
| sugar/salt glow: 25 min | \$60 |
| blu mask: 50 min | \$95 |
| blu lotus mask: 50 min | \$95 |
| blu algae: 50 min | \$95 |

facials

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|------------------------------------|-----------|
| signature facial: 25/50 min | \$60/\$80 |
| Bring back the glow facial: 50 min | \$90 |
| gentlemen's facial: 50 min | \$85 |

hand and foot treatments

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|----------------------------|-----------|
| signature hand treatment | \$35 |
| express hand treatment | \$20 |
| my blu heaven foot | \$55 |
| express pedicure | \$40 |
| polish change: hands/feet | \$10/\$15 |
| paraffin treatment (hands) | \$15 |
| add french polish | \$10 |
| full set | \$50 |
| fills | \$30 |
| nail removal | \$20 |
| single tip with overlay | \$5 |
| nail repair | \$5 |

waxing

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|----------|-----------|-----------|-----------|
| brow | \$20 | bikini | \$35 & up |
| lip/chin | \$15 | brazilian | \$75 & up |
| underarm | \$20 & up | half legs | \$40 & up |
| arms | \$30 & up | full legs | \$65 & up |
| back | \$50 & up | | |

packages

blu moon: 4 hours \$250

This is it, the kind of spa experience that only comes along once in a blu moon! Your journey begins with our **signature facial**, followed by our **signature blu massage**. Then visit our nail room for our **signature hand treatment** and **my blu heaven foot treatment**.

blu half moon: 2 hours \$170

Short on time? Experience the blu moon in half the amount of time with a 25-minute **signature blu massage** and 25-minute **signature facial**. Then visit the nail room for an **express hand and pedicure treatment**.

blu remedy: 2 ½ hours \$165

Our answer to what your body is telling you it needs! Start off by relaxing with a 25-minute **signature blu massage**. Then revive your hands with a **signature hand treatment**. Don't forget to treat your feet! Enjoy a **my blu heaven foot treatment**.

awaken: 2 ½ hours \$210

A perfect pick-me-up when body and spirit need a little TLC. This uplifting package includes: 50-minute **enliven your senses massage**, 50 minute **bring back the glow facial**, and **express hand treatment**.

his time: 2 ½ hours \$225

We didn't forget about the men, you deserve your time also! Restore well-being with a **sugar/salt glow**, **gentlemen's facial**, and top off your time with a 50-minute **signature blu massage**.

fitness center 6am to 8pm daily

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|---------------------|------|
| hotel guest – 1 day | \$8 |
| non-hotel – 1 day | \$10 |

Temporary Opening Menu

hours of operation | Sunday – Saturday 8am - 8pm spa blu | 315 Clyde Fant Parkway, Shreveport, LA, 71101
visit us online | www.samstowshreveport.com contact us | 318.424.5616 to schedule an appointment