



afia



the spa at ameristar



welcome to ara

Experience balance, harmony, and relaxation with our transformative massage and skin care treatments. Personalize your manicure or pedicure with a selection of tantalizing aromas to stimulate your senses. Energize your body and soul with an invigorating scrub under our Vichy shower.

Take to the waters with our 'splash at ara' hydro-experience. The spa offers steam, sauna, Swiss shower, and hydro-pools to stimulate circulation and provide relief from muscle tension.

Inquire about our daily usage fee to indulge in ara's hydro-experience. Complimentary with any spa service of 50 min or more.



experiences

Create your own half or full day spa experience. Choose 3, 4, or 5 spa treatments that are 50 minutes or longer and take 10% off the whole package!

etiquette

arrival

We suggest arriving 30-60 minutes prior to your treatment so that you may enjoy your experience in its entirety. Our locker room amenities include a hydro-pool, steam, sauna, and Swiss shower for you to enjoy prior to or after your spa treatments. Splash passes are included when any 50 minute or longer spa service is received. Arriving late may limit your treatment time so that our next guest is not delayed.

gather

Ideal for a celebration or a girlfriend getaway, ara is the perfect place to make it a spa day! Call to see if your group qualifies for a discount!

safety

Our locker room areas are "wet" areas. The spa will provide non-slip spa sandals for you to use while you are a guest in the spa. We highly recommend you wear our sandals during your visit.

When reserving your spa services please notify the spa receptionist if you have any medical conditions that may be affected by our services. These include allergies, high blood pressure, or physical ailments. Please tell us if you are pregnant so that we may provide you with the proper guidance, care, and comfort you need. Please remove all jewelry and other valuables prior to visiting the spa. ara is not responsible for lost, stolen or misplaced items.

comfort

For your comfort during your experience, we provide a robe, slippers, and a locker for your personal belongings. Our therapists use professional draping techniques to ensure your privacy at all times, only exposing the area to be worked upon. While most spa treatments are best enjoyed without clothing, every step is taken to ensure discretion.

respect

We request that cell phones and personal communication devices be turned off while in the spa so that you and our guests may experience a relaxing spa environment.

courtesy

If you must reschedule or cancel your services please notify us 12 hours prior to your scheduled appointment to avoid being charged the full value of your services. Spa packages require a 24 hour notice. Groups of 5 guests or more require 48 hours notice and 10 guests or more require a 5 day notice. A credit card number is required at the time of booking.

satisfaction

For your convenience, 20% gratuity will be added to your final bill and may be adjusted to your satisfaction.

promotions

When booking your spa appointments please ask about our monthly promotions throughout the year.

usage

ara spa is an adult retreat reserved for guests 21 years of age or older. Guests under the age of 21 may take advantage of nail services; nail guest under the age of 18 must be accompanied by an adult.

fare

The spa offers a food and beverage menu for your dining enjoyment. We can also accommodate food offerings for larger parties (please allow 24 hour notice for larger parties). No outside food and beverage can be brought into the spa.

M - Th F - Sun

M - Th F - Sun

M - Th F - Sun

splash at ara

Our steam, sauna, Swiss shower, and hydro-pool circuit stimulates circulation and provides deep muscle relaxation. Enjoy pre or post treatment.

shower rinse away the day's stress
3 min

steam purify your mind and body
5-10 min

shock take the plunge in the cold shower
1 min

sweat feel the heat in the dry sauna
5-10 min

shiver take a refreshing cold shower
1 min

submerge relax in the whirlpool
10-15 min

shower conclude with a warm shower
\$30 \$50

passes are based on availability and not valid on Saturdays

massage therapy

breathe relax exhale ara experience

We invite you to relax and rejuvenate your body, mind, and spirit with our signature treatment. Unwind for 100 minutes as our therapist will provide a unique massage ritual, head and scalp treatment, and a hand and foot scrub.
100 min \$240 \$255

massage fusion

Our talented therapists utilize a multitude of skills to create a customized massage experience that dissolves stress, tames tension, and re-energizes your body. Whether you're in need of some soul soothing or seek a deeper focus, we'll create a massage experience just for you.

50 min \$110 \$125
80 min \$150 \$165

organic fusion

We will incorporate a blend of organic oils derived from coconut, apricot and agave nectar into a full body massage. Your treatment ends with an all-natural hand and foot paraffin enhancement that will melt your worries away.

50 min \$140 \$155
80 min \$185 \$200

suite life

Enjoy your massage experience in the comfort of your own hotel suite. Therapists will come to you so that you can enjoy a little bit of the spa experience without going anywhere. Your treatment will conclude with a glass of wine for each guest.

70 min \$400 \$440
per couple

river rock stone massage

Heated stones incorporated during your massage not only feel good but provide deeper, longer lasting relief from muscle tension.

50 min \$135 \$150
80 min \$175 \$190

dream weaver

Find peace of mind with this deeply relaxing meditative experience. A gentle stream of warmed oil flows over your forehead and nourishes your hair while you enjoy a soothing scalp massage. For extra bliss, add to any of our spa treatments.

25 min \$60 \$75

upgrade your massage

paraffin wrap

Warm, melted wax soothes painful joints and leaves skin soft and hydrated.

hands or feet \$15
both \$25

hand and foot scrub

Dry, sore hands and feet? Exfoliate and refresh by adding an invigorating and renewing treatment.

hands or feet \$15
both \$25

body therapy

Our body scrubs and wraps are performed under an invigorating rain shower which cleanses your skin, stimulates your energy centers, and washes away stress and muscle tension.

scrub bar

Grit n' bare it for smooth, glowing skin! Choose a tempting scrub and we'll pair it with a delightful body moisturizer.

25 min \$90 \$105

seasonal body treatment

Immerse yourself in a body treatment that is designed to reflect the seasons. Take your senses on a journey from a fall pumpkin scrub all the way to a Caribbean coconut exotic summer wrap. Call the spa for the seasonal offering.

50 min \$140 \$155

firming and anti-aging scrub

Experience a rich and luxurious treatment that will help maximize cellular renewal while transforming your skin to a more youthful appearance.

50 min \$140 \$155

satin nourishment wrap

A deep hydrating treatment for the body that results in a renewed, moisturized and satin smooth skin.

50 min \$140 \$155

active detox wrap*

Rejuvenate your skin's tone and texture. Help rid your body of toxins by stimulating circulation and drawing out impurities.

*this service is not performed in the wet room

50 min \$140 \$155

skin care

ara seasonal signature facial

Need some pep in your step for the upcoming season? We have created an experience that will change with the seasons. Our seasonal premier facial experience features an in-depth cleansing regimen, enzyme exfoliation with steam, and an invigorating treatment for the hands and feet. Call the spa for the seasonal offering.

80 min \$170 \$185

about face

Unsure of what your skin needs? Our skin care specialists will hand-tailor an appropriate course of treatment that tackles your most complex skin care challenges to reveal fresh, radiant skin. Suitable for men or women.

50 min \$120 \$135

M - Th F - Sun

M - Th F - Sun

M - Th F - Sun

pure & natural organic facial

Looking for a facial that uses organic products that are results driven? Emergin C products have natural fruit acids and kombucha ingredients that help rapidly exfoliate dead skin cells for immediate improvement in skin clarity and texture.

50 min \$120 \$135

microdermabrasion treatment/facial

The ultimate in exfoliation, this organic noninvasive resurfacing treatment exfoliates skin debris allowing vibrant new skin to emerge. This treatment stimulates the skin and replenishes natural nutrients and cell regeneration greatly improving the appearance of wrinkles and fine lines, large pores, acne scars and hyper pigmentation.

50 min (treatment) \$170 \$185

80 min (facial) \$195 \$205

deep cleanse facial

Concerned about adult acne or need to minimize clogged pores? Detoxify the skin with a deep pore exfoliation, in-depth extractions, and calming balancing of the skin.

80 min \$170 \$185

above and beyond facial

Let our estheticians custom create a more aggressive results driven treatment to help rejuvenate your complexion. We will start with a deep cleanse followed by a series of enzyme peels, brightening masks, and peptide infused anti-aging skincare. This treatment is ideal for mature skin and for those suffering from environmental damage.

50 min \$165 \$170

power facial

Need a mini face lift? This highly active treatment uses glycolic, lactic or alpha/beta compounds to exfoliate and replenish at the same time.

50 min \$140 \$155

upgrade your skincare session

power peel

Brighten and refine the skin with an active treatment.

\$40

vitamin c

Infuse the skin with an active dose of vitamin C to brighten and refresh.

\$25

eye rejuvenation

Helps reduce puffiness, dark circles, and fine lines.

\$25

lip scrub

Exfoliate and plump your lips for a vibrant smile.

\$15

paraffin wrap

Warm, melted wax soothes painful joints and leaves skin soft and hydrated.

hands or feet \$15

both \$25

nail therapy

please inform us prior to your appointment if you have gel polish

We perform all natural services using OPI polish. (no acrylics or gels)

spa pedicure

50 min \$75 \$90

spa manicure

40 min \$55 \$70

Our decadent manicures and pedicures include an intoxicating soak, salt scrub, soothing massage along with expert clipping, shaping, buffing, and polishing.

men's spa pedicure

Soothe your tired feet with an intoxicating soak, salt scrub, massage along with expert clipping, shaping, and buffing.

45 min \$55 \$70

seasonal pedicure

Need a mini get away? Take yourself on a seasonal spa retreat and forget about your worries. Call the spa for the seasonal offering.

60 min \$90 \$100

breathe exhale relax pedicure

Inspired by our ara ritual where you unwind and relax. We will take you on a journey with river stone massage as you soak in a paraffin treatment for your hands and feet that keeps your soles silky smooth.

60 min \$95 \$105

express manicure/pedicure

(does not include splash passes)

Quick soak, shape, polish.

25 min \$40 (manicure)

25 min \$50 (pedicure)

peppermint foot ritual

(does not include splash passes)

Enjoy a tantalizing foot soak followed by a rejuvenating massage that will re-energize your feet.

25 min \$50 \$60

upgrade your nail session

paraffin wrap

Warm, melted wax soothes painful joints and leaves skin soft and hydrated.

hands or feet \$15

both \$25

french polish

\$5

polish change hands only

\$15

gel removal

\$25

hair removal

A variety of waxing services are available for both men and women. (other areas available upon request)

eyebrow shaping \$30

lip or chin \$30

full face \$70

(not including brows)

back or chest \$90

bikini \$55



one ameristar boulevard
st. charles, mo 63301
t 636.949.7721

araspa.sc@ameristar.com

ameristarstcharles.com/experience/ara-spa

Holidays will be included as "Peak" pricing. Prices are subject to change. Spa hours are subject to change based on business demands, holidays, and group needs. Please arrive 30 minutes prior to treatment time to enjoy your full service time. For cancellations, please notify us 12 hours prior to your scheduled appointment to avoid being charged the full value of your services. Spa packages require a 24 hour notice. Groups of 5 or more require a 48 hour notice. Groups of 10 or more require a 5 day notice. A credit card number is required at the time of booking. For your convenience, 20% gratuity is added to your final bill and may be adjusted to your satisfaction. Gift certificates are non-refundable; no cash value or cash back. Valid only at ara spa, redeemable for spa service or retail spa items only, expires 1 year from date of issue. Original certificate accepted, no photocopies. Not responsible for lost or stolen gift certificates. A friendly reminder discounts cannot be combined. ara Spa is an adult retreat reserved for guests 21 years of age or older.