



## welcome to ara

Experience balance, harmony, and relaxation with our transformative massage and skin care treatments. Personalize your manicure or pedicure with a selection of tantalizing aromas to stimulate your senses. Energize your body and soul with an invigorating scrub under our Vichy shower.

Take to the waters with our ‘splash at ara’ hydro-experience. The spa offers steam, sauna, Swiss shower, and hydro-pools to stimulate circulation and provide relief from muscle tension.

**Complimentary with any spa service of 50 min or more.**



### respect

We request that cell phones and personal communication devices be turned off while in the spa so that you and our guests may experience a relaxing spa environment.

### courtesy

If you must reschedule or cancel your services, please notify us 24 hours prior to your scheduled appointment to avoid being charged the full value of your services. Spa packages require a 24-hour notice. Groups of 5 guests or more require 48 hours notice and 10 guests or more require a 5-day notice. A credit card number is required at the time of booking.

### satisfaction

For your convenience, a 20% gratuity will be added to your final bill and may be adjusted to your satisfaction.

### gifting

Be the one who gives the best gift at the next party or holiday gathering! Spa gift certificates are available in any dollar amount or for a specific service and may also be used toward retail purchases.

### promotions

When booking your spa appointments please ask about our monthly promotions throughout the year.

### usage

ara spa is an adult retreat reserved for guests 21 years of age or older. Guests under the age of 21 may take advantage of nail services. Nail guests under the age of 18 must be accompanied by an adult.

### fare

The spa offers a food and beverage menu for your dining enjoyment. We can also accommodate food offerings for larger parties (please allow 24-hour notice for larger parties). No outside food and beverage can be brought into the spa.



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Prices are subject to change. Hours are subject to change. Please arrive 20 minutes prior to treatment time to enjoy your full service time. Cancellations please notify us 24 hours prior to your scheduled appointment To avoid being charged the full value of your services. Spa packages require a 24 hour notice. Groups of 5 or More require 48 hour notice groups of 10 or more require a 5 day notice. A credit card number is required at The time of booking. For your convenience, 20% gratuity is added to your final bill and may be adjusted to your satisfaction. Ara spa is an adult retreat reserved for guest 21 years of age or older.

experiences

Create your own half or full day spa experience. Choose 3, 4, or 5 spa treatments that are 50 minutes or longer and take 10% off the whole package!

etiquette arrival

We suggest arriving 30-60 minutes prior to your treatment so that you may enjoy your experience in its entirety. Our locker room amenities include a hydro-pool, steam, sauna, and Swiss shower for you to enjoy prior to or after your spa treatments. Splash passes are included when any 50-minute or longer spa service is received. Arriving late may limit your treatment time so that our next guest is not delayed.

gather

Ideal for a celebration or a girlfriend getaway, ara is the perfect place to make it a spa day! Call to see if your group qualifies for a discount!

safety

Our locker room areas are “wet” areas. The spa will provide non-slip spa sandals for you to use while you are a guest in the spa. We highly recommend you wear our sandals during your visit.

When reserving your spa services, please notify the spa receptionist if you have any medical conditions that may be affected by our services. These include allergies, high blood pressure, or physical ailments. Please tell us if you are pregnant so that we may provide you with the proper guidance, care, and comfort you need. Please remove all jewelry and other valuables prior to visiting the spa. ara is not responsible for lost, stolen or misplaced items.

comfort

For your comfort during your experience, we provide a robe, slippers, and a locker for your personal belongings. Our therapists use professional draping techniques to ensure your privacy at all times, only exposing the area to be worked upon. While most spa treatments are best enjoyed without clothing, every step is taken to ensure discretion.

M - Th F - Sun

splash at ara

Our steam, sauna, Swiss shower, and hydro-pool circuit stimulates circulation and provides deep muscle relaxation. Enjoy pre or post treatment.

shower	rinse away the day's stress		
3 min			
steam	purify your mind and body		
5-10 min			
shock	take the plunge in the cold shower		
1 min			
sweat	feel the heat in the dry sauna		
5-10 min			
shiver	take a refreshing cold shower		
1 min			
submerge	relax in the whirlpool		
10-15 min			
shower	conclude with a warm shower		

complimentary with any spa service of 50 mins or more.

massage therapy breathe relax exhale ara experience

We invite you to relax and rejuvenate your body, mind, and spirit with our signature treatment. Unwind for 100 minutes as our therapist provides a unique massage ritual, head and scalp treatment, and a back scrub.			
100 min	\$250	\$265	

massage fusion

Our talented therapists utilize a multitude of skills to create a customized massage experience that dissolves stress, tames tension, and re-energizes your body. Whether you're in need of some long soothing strokes over the whole body or a specific area of focus, we'll create a massage experience just for you.

50 min	\$130	\$145
80 min	\$170	\$185

couples massage fusion\*

Share an experience you will both enjoy in our couples suite located in the spa with side-by-side massages.			
50 min	\$285	\$335	
80 min	\$365	\$395	

\*based on availability and services need to be the same duration

M - Th F - Sun

suite life

Enjoy your massage experience in the comfort of your own hotel suite. Therapists will come to you so that you can enjoy a little bit of the spa experience without going anywhere.

70 min	\$440	\$475
per couple		
massage add-ons		
dream weaver		
A gentle stream of warm oil incorporated into a scalp massage.		
25 min	\$50	\$65

massage enhancements deep tissue hot rocks pregnancy

out of your 1st trimester			
paraffin wrap or			
hand and foot scrub			
hands or feet	\$20		
both	\$30		

body therapy

seasonal body treatment

Immerse yourself in a body treatment designed to reflect the seasons. Take your senses on a journey from a fall pumpkin scrub all the way to a Caribbean coconut exotic summer wrap. Call the spa for the seasonal offering.			
50 min	\$145	\$160	

skin care ara signature facial

Our skin care specialists will hand-tailor an appropriate course of treatment that tackles your most complex skin care challenges to reveal fresh, radiant skin, suitable for men or women. Need a little extra skin care guidance and a little extra pampering? Upgrade to the 80-min service.

50 min	\$140	\$155
80 min	\$180	\$195

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above and beyond facial

Let our estheticians custom create a more aggressive results-driven treatment to help rejuvenate your complexion. We will start with a deep cleanse followed by a series of enzyme peels, brightening masks, and peptide infused anti-aging skin care. This treatment is ideal for mature skin and for those suffering from environmental damage.

50 min	\$160	\$175
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power facial\*

Need an aggressive treatment? This highly active treatment uses glycolic, lactic or alpha/beta compounds to exfoliate and replenish at the same time.			
50 min	\$175	\$190	

\* This service cannot be performed if you are enjoying the pool amenities for the day.

deep cleanse facial

Concerned about adult acne or need to minimize clogged pores? Detoxify the skin with a deep pore exfoliation, in-depth extractions, and calming balancing of the skin.			
80 min	\$185	\$200	

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HydraFacial®

This non-invasive treatment for all skin types will leave the skin glowing and provide instant results with no downtime. HydraFacial® removes dead skin and extracts impurities, while simultaneously delivering cleansing, hydrating and moisturizing serums into the skin.

classic

This signature treatment will cleanse, exfoliate, and extract while infusing antioxidants and peptides into the skin.			
30 min	\$160	\$175	

deluxe

A comprehensive HydraFacial® classic for your face which includes: a booster, a mask, and LED light therapy.			
50 min	\$210	\$225	

platinum

The ultimate HydraFacial® experience, treating the face, neck, chest and hands. This facial also includes a booster, a mask, red/blue LED light therapy and lymphatic massage.			
80 min	\$310	\$325	

perk® upgrade

lip	\$40		
eye	\$40		
both	\$60		

\*Our HydraFacial® treatments should not be performed if you are enjoying the pool amenities for the day. This service cannot be performed if you are pregnant or nursing. Please advise the spa team if you are allergic to shellfish.



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skincare enhancements

vitamin c	\$30		
eye rejuvenation	\$25		
lip scrub	\$15		
paraffin wrap or			
hand and foot scrub			
hands or feet	\$20		
both	\$30		

nail therapy

Our decadent manicures and pedicures include an intoxicating soak, salt scrub, soothing massage along with expert clipping, shaping, buffing, and polishing.

spa pedicure

50 min	\$85	\$100	
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spa manicure \*includes paraffin

50 min	\$70	\$85	
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gel manicure \*gel services for hands only

50 min	\$75	\$90	
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men’s spa pedicure

50 min	\$70	\$85	
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express manicure/pedicure\*

quick soak, shape, polish			
*does not include splash passes			
25 min	\$50 manicure		
	\$60 pedicure		

breathe exhale relax pedicure

Inspired by our ara ritual where you unwind and relax. We take you on a massage journey with river stone massage as you soak in a paraffin treatment for your hands and feet. Keeps your soles silky smooth.

80 min	\$110	\$125	
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seasonal pedicure

Need a mini get away? Take yourself on a seasonal spa retreat and forget about your worries. Call the spa for the seasonal offering.			
80 min	\$110	\$125	

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peppermint foot ritual\*

*does not include splash passes			
Enjoy a tantalizing foot soak followed by a rejuvenating massage that will re-energize your feet.			
25 min	\$60	\$75	

nail enhancements

paraffin wrap

*cannot be added to express services			
hand or feet	\$20		
both	\$30		

french polish

polish change

gel removal	\$15		
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hair removal

A variety of waxing services are available for both men and women. (other areas available upon request)			
eyebrow shaping	\$25		
lip or chin	\$25		
full face	\$65		
(not including brows)			
back or chest	\$90		
bikini	\$55		