



# The SPA at Suncoast

## MENU OF SERVICES

### Expanded for Customers

#### MASSAGE MODALITIES

**Deep Tissue 50mn** \$105  
Designed for deep areas of muscle tension and to resolve accumulation of knots and toxins.

**Deep Tissue 80mn** \$145  
For sore knots and crossed muscular fibers that need an extra 30mn of work.

**The Heavenly 50mn** \$105  
A mix of relaxing Swedish, deep tissue and reflexology tailored to each individual and specific areas of treatment. Includes aromatherapy and skin exfoliation.

**The Heavenly 80mn** \$150  
The extended 30mn of additional treatment guarantees a thorough result.

**Hot Stone 50mn** \$85  
A unique application of the healing power of heat through the radiance and light pressure of the stones penetrate deep into the muscle tissue, providing a state of total relaxation.

**Hot Stone 80mn** \$135  
More stone, more heat effects, more lasting results with this extended treatment.

**Swedish 50mn** \$80  
This classic massage is designed to promote complete relaxation.

**Swedish 80mn** \$115  
For those that require the extra time to relax.

**Chair 15mn** \$25  
Neck, shoulders and upper back. Ideal for office stress relief.

**Reflexology 50mn** \$90  
All nerve endings at the bottom of our feet are linked to organs and glands. Pressure applied on specific areas of the foot stimulates specific organs.

**Reflexology 25mn** \$50  
For those that cannot afford the time, but need a quick relief.

**Prenatal 50mn** \$90  
Safely alleviate the muscle aches and back discomfort of pregnancy.

**Head & Foot 25mn** \$50  
This relaxing scalp massage will release muscle tension, followed by a detoxifying foot massage.

**Happy Foot 25mn** \$40  
This gentle foot massage stimulate nerve endings and blood circulation.

**Combo 50mn** \$110  
You choose this combination of several modalities tailored to your needs. It includes aromatherapy and foot massage.

**Combo 80mn** \$165  
Highly recommended for maximum and lasting benefits of this combination.

**Express 25mn** \$50  
For people on-the-go that need a quick boost of relaxation.

**Aromatherapy add-on** \$10  
Using essential oils for a soothing, invigorating effect through the skin and olfactory senses.

**Face massage** \$30  
A popular western beauty treatment to slow down the aging process and achieve younger looking and healthier skin.

**Hot Oil Scalp Treatment 25mn** \$50  
Nourishes the skin and strengthen your hair.

#### MASSAGE MODALITIES (CONTINUED)

**Fire & Ice** \$30  
Ideal for sore, aching muscles Application of hot compresses followed by cold, pain-relieving gel.

**Paraffin (hands or feet)** \$20  
A deep warm wax moisturizer that brings relief to aching tendons.

#### BODY TREATMENTS

**Body Wrap Seaweed** \$75  
Immerse yourself in the hydration of the sea with this refreshing and antioxidant rich body wrap.

**Body Wrap Detoxification 75mn** \$135  
Begins with a full body exfoliation to clean and open the pores allowing absorption of the essential oils.

**Body Scrub 50mn** \$75  
Gently removes dead skin cells, dirt and oil from the outer layer of the skin. This helps to unclog pores and leave your skin radiant and glowing.

#### HAIR

**Designer Cut & Style short hair length** \$65

**Designer Cut & Style medium hair length** \$75

**Designer Cut & Style long hair length** \$90

**Men's Cut & Style** \$35

**Styling (blow dry & Style) short** \$45

**Styling (blow dry & Style) medium** \$55

**Styling (blow dry & Style) long** \$65

**Bridal formal Style medium** \$65

**Bridal formal Style long** \$75

**Color short** \$70

**Color medium** \$80

**Color long** \$90

**Color retouch single process** \$65

**Color retouch double process** \$120

**Color toner short** \$40

**Color toner medium** \$50

**Color toner long** \$60

**Color correction** \$Per consult

**Full Highlight short** \$95

**Full Highlight medium** \$105

**Full Highlight long** \$115

**Partial Highlight short** \$55

**Partial Highlight medium** \$65

**Partial Highlight long** \$75

**Low light short** \$45

**Low light medium** \$55

**Low light long** \$65

**Brazilian blowout medium** \$200

**Brazilian blowout long** \$250

**Hair extensions** \$Per consult

**Flat iron short** \$25

**Flat iron medium** \$35

**Flat iron long** \$45

**Curling short** \$25

**Curling medium** \$35

**Curling long** \$45

**Permanent short** \$80

**Permanent medium** \$90

**Permanent long** \$100

**Children Cut (up to 15 years old)** \$20

#### MANICURE & PEDICURE

**Classic Manicure** \$30

**Heavenly Manicure** \$50

**Classic Pedicure** \$45

**Heavenly Pedicure** \$60

**Mani & Pedi combo** \$70

**Kids Mani (up to 15years old)** \$20

**Kids Pedi (up to 15 years old)** \$30

#### NAIL ENHANCEMENTS

**Shellac / Gel polish** \$20

**Soak off** \$20

**Paraffin** \$15

**French** \$10

**Acrylic full set** \$75

**Acrylic fills** \$50

**Pink & White full set** \$85

**Nail repair (per nail)** \$8

#### DEPILATION (HAIR REMOVAL)

**Brow cleanup** \$20

**Brow sculpt** \$20

**Lip & Chin** \$20

**Armpit** \$25

**Back (men)** \$60

**Chest (men)** \$50

**Bikini** \$35

**Brazilian** \$65

**Full leg** \$65

**Half leg** \$40

**Full face** \$40

#### COSMETOLOGY

**Make-up** \$55

**Hairbrush make-up** \$75

**Lashes & Brow tint** \$35

**Evening eyelashes** \$15

**Eyelashes extensions** \$200

**Extension fields** \$75

#### SKIN CARE

**Classic facial 25mn** \$55

**Classic facial 50mn** \$85

**Classic facial 80mn** \$120

**Detox facial 50mn** \$95

**Acne Organic facial 75mn** \$135

**Signature Facelift facial 75mn** \$135

**Additional Extractions** \$10

#### SKIN ENHANCEMENTS

**Diamond Abrasion** \$35

**Collagen Mask** \$20

**Vitamin C Mask** \$20

**Peeling** \$40

**Eyelift** \$20

#### BARBER

**Beard Trimming** \$15

**Close Shaving** \$35

**Hair & beard** \$45

**Master Shave** \$55

#### ALSO AVAILABLE

**Room for couple massages**

**Gift Certificates**

**Monthly package Specials each and every month.**

**Pure Fiji and Epicuren Beauty Products.**

NOTE: Any Service booked before or after the established Business Hours will be charged an additional fee of \$20 per person

### Business Hours:

Monday – Saturday 9:00am – 6:00pm • Sundays 10:00am – 4:00pm

Statutory Holidays closed (may be partially open at discretion of management) • Call the SPA direct for info: 702-636-7035