



The SPA at Suncoast

MENU OF SERVICES

Expanded for Customers

MASSAGE MODALITIES

Deep Tissue 50 min \$105

Designed for deep areas of muscle tension and to resolve accumulation of knots and toxins.

Deep Tissue 80 min \$145

For sore knots and crossed muscular fibers that need an extra 30min of work.

The Heavenly 50 min \$105

A mix of relaxing Swedish, deep tissue and reflexology tailored to each individual and specific areas of treatment. Includes aromatherapy and skin exfoliation.

The Heavenly 80 min \$150

The extended 30min of additional treatment guarantees a thorough result.

Hot Stone 50 min \$85

A unique application of the healing power of heat through the radiance and light pressure of the stones penetrate deep into the muscle tissue, providing a state of total relaxation.

Hot Stone 80 min \$135

More stone, more heat effects, more lasting results with this extended treatment.

Swedish 50 min \$80

This classic massage is designed to promote complete relaxation.

Swedish 80 min \$115

For those that require the extra time to relax.

Chair 15 min \$25

Neck, shoulders and upper back. Ideal for office stress relief.

Reflexology 50 min \$90

All nerve endings at the bottom of our feet are linked to organs and glands. Pressure applied on specific areas of the foot stimulates specific organs.

Reflexology 25 min \$50

For those that cannot afford the time, but need a quick relief.

Prenatal 50 min \$90

Safely alleviate the muscle aches and back discomfort of pregnancy.

Head & Foot 25 min \$50

This relaxing scalp massage will release muscle tension, followed by a detoxifying foot massage.

Foot 25 min \$50

This acupressure foot massage stimulate nerve endings and blood circulation.

Combo 50min \$110

You choose this combination of several techniques tailored to your needs. It includes aromatherapy and foot massage.

Combo 80 min \$165

Highly recommended for maximum and lasting benefits of this combination.

Express 25 min \$50

For people on-the-go that need a quick boost of relaxation.

Aromatherapy Add-on \$10

Using essential oils for a soothing, invigorating effect through the skin and olfactory senses.

MASSAGE MODALITIES (cont.)

Face Massage \$30

A popular western beauty treatment to slow down the aging process and achieve younger looking and healthier skin.

Hot Oil Scalp Treatment 25 min \$50

Nourishes the skin and strengthen your hair.

Fire & Ice \$40

Ideal for sore, aching muscles Application of hot compresses followed by cold, pain-relieving gel.

Paraffin (hands or feet) \$20

A deep warm wax moisturizer that brings relief to aching tendons.

BODY TREATMENTS

Body Wrap Seaweed \$75

Immerse yourself in the hydration of the sea with this refreshing and antioxidant rich body wrap.

Body Wrap Detoxification 75 min \$135

Begins with a full body exfoliation to clean and open the pores allowing absorption of the essential oils.

Body Scrub 50 min \$75

Gently removes dead skin cells, dirt and oil from the outer layer of the skin. This helps to unclog pores and leave your skin radiant and glowing.

HAIR

Designer Cut & Style Short Hair Length \$65

Designer Cut & Style Medium Hair Length \$75

Designer Cut & Style Long Hair Length \$90

Men's Cut & Style \$35

Styling (Blow Dry & Style) Short \$45

Styling (Blow Dry & Style) Medium \$55

Styling (Blow Dry & Style) Long \$65

Bridal Formal Style Medium \$65

Bridal Formal Style Long \$75

Color Short \$70

Color Medium \$80

Color Long \$90

Color Retouch Single Process \$65

Color Retouch Double Process \$120

Color Toner Short \$40

Color Toner Medium \$50

Color Toner Long \$60

Color Correction \$Per Consult

Full Highlight Short \$95

Full Highlight Medium \$105

Full Highlight Long \$115

Partial Highlight Short \$55

Partial Highlight Medium \$65

Partial Highlight Long \$75

Low Light Short \$45

Low Light Medium \$55

Low Light Long \$65

Brazilian Blowout Medium \$200

Brazilian Blowout Long \$250

Hair Extensions \$Per Consult

Flat Iron Short \$25

Flat Iron Medium \$35

Flat Iron Long \$45

Curling Short \$25

Curling Medium \$35

Curling Long \$45

Permanent Short \$80

Permanent Medium \$90

Permanent Long \$100

Children Cut (Up To 12 Years Old) \$20

MANICURE & PEDICURE

Classic Manicure \$35

Heavenly Manicure \$50

Classic Pedicure \$50

Heavenly Pedicure \$70

Mani & Pedi combo \$80

NAIL ENHANCEMENTS

Shellac / Gel polish \$20

Soak Off \$20

Paraffin \$15

French \$10

Acrylic Full Set \$75

Acrylic Fills \$50

Pink & White Full Set \$85

Nail Repair (per nail) \$8

DEPILATION (HAIR REMOVAL)

Brow Cleanup \$25

Brow Sculpt \$25

Lip & Chin \$20

Armpit \$40

Back (men) \$65

Chest (men) \$65

Bikini \$45

Brazilian \$75

Full Leg \$85

Half Leg \$45

COSMETOLOGY

Make-up \$65

Hairbrush Make-up \$85

Lashes & Brow tint \$35

Evening Eyelashes \$30

Eyelashes Extensions \$200

Extension Fields \$75

SKIN CARE

Classic Facial 25 min \$60

Classic Facial 50 min \$95

Classic Facial 80 min \$130

Detox Facial 50 min \$105

Acne Organic Facial 75 min \$135

Signature Facelift Facial 75 min \$135

SKIN ENHANCEMENTS

Diamond Abrasion \$45

Collagen Mask \$40

Vitamin C Mask \$35

Peeling \$50

Eyelift \$35

SAUNA (TO BE ADDED AT LATER DATE)

Sauna 15 min \$20

Sauna & Body Exfoliation \$85

Sauna & Body Wrap Seaweed \$95

Sauna & Body Wrap Detox \$145

The Works (Sauna, Exfoliation, Wrap, Swedish massage) \$225

BARBER

Beard Trimming \$15

Close Shaving \$35

Hair & beard \$45

Master Shave \$55

NOTE: Any Service booked before or after the established Business Hours will be charged an additional fee of \$20 per person

Business Hours:

Monday – Saturday 9am – 6pm • Sundays 10am – 4pm • Statutory Holidays closed (may be partially open at discretion of management)